

A decorative graphic featuring three concentric blue circles of varying sizes. Two circles are in the upper right quadrant, and one is in the lower right quadrant. Thin blue lines intersect the circles and extend across the page.

Virginia Transgender Resource and Referral List

The Virginia Department of Health, Division of Disease Prevention

The Virginia Transgender Taskforce,

On behalf of Virginia HIV Community Planning Group

Updated September 8, 2015

Virginia Transgender Resource and Referral List

C E N T R A L V I R G I N I A

BaryLaw

Bary W. Hausrath, P.C.

2800 Patterson Avenue, Suite 101

Richmond, Virginia 23221

Phone: 804-482-1649

Fax: 888-583-4991

Hours of Operation: Monday-Friday 9:00 AM-5:00 PM, by appointment only

Website: <https://www.baryl原因.com/>

Services Provided: Legal services, including some services for youth

Captial Area Health Network

2809 North Avenue

Suite 206

Richmond, Virginia 23222

Phone: 804-780-0840 (North Side/Main Phone Line)

Fax: 804-780-0862

Hours of Operation: Monday-Friday 8:00 AM-5:00 PM

Website: www.cahealthnet.org

Services Provided: Primary care; dental; support services; psychotherapy and counseling

Chippenham Family Medicine

500 Hioaks Rd, Suite B

Richmond, Virginia 23225

Phone: 804-560-0490

Fax: 804-560-3424

Hours of Operation: Monday -- Wednesday -- Thursday: 8:00 AM – 6:00 PM,
Tuesday – Friday: 8:00 AM – 5:00 PM

Patients must complete a financial screening first

Website: <http://chippenhamfamilymedicine.com>

Services Provided: Primary care services

Crossover Ministry

108 Cowardin Avenue

Richmond, Virginia 23224

Phone: 804-233-5016

Fax: 804-231-5723

Hours of Operation: Monday – Friday: 8:30 AM - 5:00 PM

Email: info@crossoverministry.org

Website: www.crossoverministry.org

Services Provided: Primary care; dental care; individual psychotherapy and counseling; HIV care services

Virginia Transgender Resource and Referral List

Cypress Counseling, LLC

Chris Carson, LCSW

1312 W. Main St.

Richmond, Virginia 23220

Phone: 804-651-3941

Hours of Operation: Monday – Thursday: 12:00 PM – 8:00 PM;

Friday: 8:00 AM – 5:00 PM

Email: Chris@cypresscounseling.com

Website: www.cypresscounseling.com

Services Provided: Individual and group psychotherapy and counseling

Equality Virginia

530 East Main Street, Suite 600

Richmond, Virginia 23225

Phone: 804-643-4816

Fax: 804-643-1554

Website: www.equalityvirginia.org

Hours of Operation: Monday – Friday 9:00 AM – 5:00 PM

Services Provided: Information and referrals to community resources; additional resources available on website. Community education and outreach including the annual *Virginia Transgender Information and Empowerment Summit* (TIES)

The Family Institute of Virginia

Michael F. Jeffrey, MS, LPC, LMFT

2910 Monument Avenue

Richmond, Virginia 23221

Phone: 804-355-6876

Fax: 804-355-2597

Website: <http://www.familyinstituteofva.com>

Hours of Operation: Mondays-Fridays 9:00 AM-5:00 PM

Services Provided: Psychological evaluation; individual psychotherapy and counseling; marriage and family therapy

Fan Free Clinic

Transgender Health Services, Contact Person Afton Bradley

1010 North Thompson Street

Richmond, Virginia 23230

Phone: 804-358-6343, Ext. 143

Fax: 804-521-0309

Hours of Operation: Monday – Thursday 9:00 AM -5:00 PM and Friday 9:00 AM -12:00 PM

Patients must complete a financial screening first.

Email: abradley@fanfreeclinic.org

Website: www.fanfreeclinic.org

Services Provided: Primary care; hormone therapy; counseling; support services; psychosocial assessments; STD screening; mental health referrals

Virginia Transgender Resource and Referral List

Ann Furniss

2933 West Cary Street

Room 203

Richmond, Virginia 23221

Phone: 804-938-5668

Hours of Operation: Monday- Tuesday- Wednesday: 8:00 AM – 6:00 PM; by appointment only

Services Provided: Acupuncture

Goss & Fentress Law Offices

Moorefield One

812 Moorefield Park Drive

Suite 120

Richmond, Virginia 23236

Phone: 804-225-0880

Toll-free: 866-873-2338

Hours of Operation: Monday – Friday: 8:30 AM- 5:00 PM

Accepts walk-ins

Website: www.gossandfentress.com

Services Provided: Legal services; social security disability and SSI claims, personal injuries. Tagalog language services available.

Lisa Griffin, PhD

14 S. Auburn Avenue

Richmond, Virginia 23221

Phone: 704-458-0433

Hours of Operation: hours vary

Email: Lisa@drlisagriffin.com

Website: www.drlisagriffin.com

Services Provided: Individual psychotherapy, counseling, psychological evaluation, and referral for medical intervention when appropriate, for both youth and adults; specializing in work with transgender and gender non-conforming individuals

Hospital Hospitality House

612 East Marshall Street

Richmond, Virginia 23219

Phone: 804-828-6901

Fax: 804-828-6913

Hours of Operation: 24/7

Website: www.hhhrichmond.org

Services Provided: Lodging for families in medical crisis; must have a referral from a participating hospital

Virginia Transgender Resource and Referral List

The James House

1016 Maplewood Avenue
Hopewell, Virginia 23860
Phone: 804-458-2704
Fax: 804-458-7823

Hotline: 804-458-2840

Hours of Operation: Monday – Thursday: 9:00 AM – 5:00 PM:
Accepts walk-ins

Website: www.thejameshouse.org

Services Provided: Education, support and advocacy for all people impacted by interpersonal violence.

James River Transgender Society (JRTS)

Meets at Gay Community Center of Richmond
1407 Sherwood Avenue
Richmond Virginia 23220
Phone: 804-404-2425

Hours of Operation: The 1st Friday of each month from 7-9pm

Website: www.jrts.org

Services Provided: Support and social group for MTF trans persons

LGBTQ Partner Abuse and Sexual Assault Helpline

Virginia Sexual and Domestic Violence Action Alliance
5008 Monument Avenue, Suite A
Richmond, Virginia 23230
Phone: 804-377-0335
Fax: 804-377-0339

Hotline: 1-866-356-6998

Hours of Operation: Monday – Friday 8:00 AM – 8:00 PM

Email: info@vsdvalliance.org

Website: www.vsdvalliance.org

Services Provided: Free and confidential telephone service for lesbian, gay, bisexual, trans, and queer or questioning callers looking for information or help regarding intimate partner abuse, sexual assault, and stalking. For Virginia callers. Spanish language service available.

Laburnum Diagnostic Imaging Center

4630 South Laburnum Avenue
Suite C
Richmond, Virginia 23231
Phone: 804-226-4637
Fax: 804-222-7551

Hours of Operation: Monday – Friday: 7:30 AM – 4:00 PM

Services Provided: mammography, breast ultrasound, DEXA

Virginia Transgender Resource and Referral List

Launch Pad

2008 Libbie Avenue

Suite 101

Richmond, Virginia 23226

Phone: 804-614-6096

Hours of Operation: Monday – Friday: 9:00 AM – 7:00 PM

Website: <http://www.launchpadcounseling.org/>

Services Provided: Counseling for youth and adults, play and expressive therapies for children and teens.
Spanish language service available.

Holli Newman, LPC

807 Spottswood Rd

Richmond, Virginia 23220

Phone: 804-231-2273

Fax: 804-232-8222

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

Email: hollisemail@verizon.net

Services Provided: Individual psychotherapy & counseling, couples work

Richmond AIDS Consortium

PO Box 980049

Richmond, Virginia 23298

Phone: 804-828-6471

Fax: 804-828-0570

Hours of Operation: Monday – Friday: 8:30 AM - 5:00 PM

Services Provided: HIV clinical trials

Richmond Consultation Services

Carrie Hartwell, PhD, LCSW

5700 West Grace Street

Suite 108

Richmond, Virginia 23226

Phone: 804-503-1074

Fax: 804-288-2616

Hours of Operation: Monday – Friday: 9:30 AM – 5:30 PM

Email: carriehartwell@gmail.com

Services Provided: Psychotherapy and counseling for LGBT youth, adults, couples, and families.

Virginia Transgender Resource and Referral List

Richmond Transformers

Meets at Fan Free Clinic

1010 North Thompson Street

Richmond, Virginia 23230

Phone: 804-358-6343

Hours of Operation: 2nd Tuesday of each month 7:00 PM – 9:00 PM

Accepts walk-ins

Email: Ted.Heck@vdh.virginia.gov

Services Provided: Support and social group for FTM trans persons

ROSMY

2311 Westwood Ave.

Richmond, Virginia 23230

Phone: 804-644-4800

Fax: 804-644-4368

Youth Support Line: 888-644-4390

Hours of Operation: Monday – Thursday: 9:00 AM – 9:00 PM

Email: rosmy@rosmy.org

Website: www.rosmy.org

Services Provided: Support group for Trans-identified youth or youth who are questioning their gender identity. ROSMY also offers weekly curriculum based support groups for LGBTQ youth ages 14-20 and information and referrals for youth and families. Trainings for school personnel, human service providers, and other youth workers on how to best address the needs of LGBT

Martha Ann Spruill, LCSW

5500 Monument Ave, Suite A

Richmond, Virginia 23226

Phone: 804-405-0939

Hours of Operation: hours vary

Email: maspruill@me.com

Website: www.mspruill.com

Services Provided: Individual Psychotherapy and Counseling

TIPS Program at Petersburg Health Care Alliance

Early Intervention HIV Clinic

c/o PHCA

541 South Sycamore St

Petersburg, Virginia 23803

Phone: 804-957-9601 Ext. 237

Fax: 804-861-4300

Hours of Operation: Monday: 8:30 AM - 6:30 PM

Tuesday, Thursday, Friday: 8:30 AM - 5:00 PM

Wednesday: 10:00 AM- 5:00 PM

Services Provided: Primary care facility; support services in HIV/AIDS

Virginia Transgender Resource and Referral List

Virginia Anti-Violence Project

P.O. Box 7445

Richmond, Virginia 23221

Phone: 804-925-8287

Hours of Operation: hours vary

Website: www.virginiaavp.org

Services Provided: Sexual and intimate partner violence services, referrals, and other support services for LGBTQ people experiencing violence of any kind

Virginia Commonwealth University, Dept. of Psychiatry

LGBT Clinic

401 N. 11th Street

Richmond, Virginia 23298

Phone: 804-828-2000

Fax: 804-828-7814

Website: <http://psych.vcu.edu/patients/outpatient-services/lgbt-exclusive-medication-management-clinic.aspx>

Hours of Operation: 1st and 3rd Tuesdays of each month, 1:00 PM – 5:00 PM

Services Provided: Psychiatric services, psychological evaluation, and psychotherapy & counseling, behavioral health services for adults and youth. Must have referral from a therapist (LSCW, LPC, etc.)

Virginia League For Planned Parenthood

201 N. Hamilton Street

Richmond, Virginia 23221

Phone: 804-482-6138

Fax: (804) 213-0548

Hours of Operation: Monday – Wednesday: 8:00 AM - 8:00 PM
Thursday: 8:00 AM - 7:00 PM; Friday: 8:00 AM - 6:00 PM
Saturday: 8:00 AM - 4:00 PM
Sunday: 1:00 PM- 4:00 PM

Website: www.vlpp.org

Services Provided: Obstetrics/gynecological services

Virginia Transgender Resource and Referral List

E A S T E R N V I R G I N I A

Balance Health

Maggie Chubb, LCSW

930 Redgate Ave.

Norfolk, Virginia 23507

Phone: 757-626-3733

Fax: 757-626-3331

Website: www.balancebehavior.com

Hours of Operation: Monday - Friday: 9:00 AM - 5:00 PM

Services Provided: Individual psychotherapy and counseling

Chesapeake Care, Inc.

2145 South Military Highway

Chesapeake, Virginia 23320

Phone: 757-545-5700

Fax: 757-961-0471

Hours of Operation: Monday: 9:00 AM - 5:00 PM

Tuesday - Thursday: 9:00 AM - 8:00 PM

Friday: 9:00 AM - 1:00 PM

Email: info@chesapeakecare.org

Services Provided: Primary care; dental care; pharmacy services

Chesapeake Health Department

748 North Battlefield Boulevard

Chesapeake, Virginia 23320

Phone: 757-382-8600

Hours of Operation: Monday – Friday 8:15 AM – 5:00 PM

Services Provided: Primary care, family planning, and HIV and STD testing for both youth and adults. Language translation services available.

Community Psychological Resources

919 West 21st St, Suite B

Norfolk, Virginia 23517

Phone: 757-622-6794

Fax: 757-626-1509

Hours of Operation: Monday – Friday: Hours Vary

Services Provided: Psychological evaluation; individual psychotherapy, family counseling and counseling

Virginia Transgender Resource and Referral List

Eastern Shore Rural Health System, Inc.

20280 Market Street

Onancock, VA 23417

Phone: 757-414-0400

Fax: 757-414-0569

Hours of Operation: Monday – Friday: 8:30 AM - 5:00 PM

Saturday: 8:00 AM - 1:00 PM (only some centers)

Email: info@esrch.org

Website: www.esrh.org

Services Provided: (All services for youth and adults) Primary care; dental care

Evans-Yosief Law Firm, LLC

Barbara Evans-Yosief

1517 Hardycash Dr

Hampton, Virginia 23666

Phone: 757-827-3588

Fax: 757-827-9559

Hours of Operation: Monday – Thursday: 8:00 AM - 5:00 PM (by appointment at other times)

Accepts walk-ins

Services Provided: Legal services; provides representation for youth in social security issues, disability services, personal injuries

Gender Expression Movement

Meets at The LGBT Center of Hampton Roads

247 W. 25th Street

Norfolk, Virginia 23517

Phone: 757-200-9198

Hours of Operation: Meeting Times: 1st and 3rd Saturdays of each month at 7:00 PM

Email: LGBTCenter@accessaids.org

Website: <http://www.accessaids.org>

Services Provided: Transgender support group; transgender education services

Virginia Transgender Resource and Referral List

Goss & Fentress Law Offices

Norfolk/Virginia Beach:

735 Newtown Road
Suite 100
Norfolk, Virginia 23502
Phone: 757-466-1095
Fax: 757-461-4670

Peninsula:

Suntrust Bank Building
11817 Cannon Boulevard
Suite 201-B
Newport News, Virginia 23601
Phone: 757-873-2274
Fax: 757-461-4670

Toll-free: 866-873-2338

Hours of Operation: Monday – Friday: 8:30 AM- - 5:00 PM

Accepts walk-ins

Website: www.gossandfentress.com

Services Provided: Legal services; social security disability and SSI claims, personal injuries. Tagalog language services available.

LGBT Center of Hampton Roads

247 W. 25th Street

Norfolk, Virginia 23517

Phone: 757-200-9198

Fax: 757-622-8932

Hours of Operation: Monday – Friday: 8:30 AM – 5:00 PM, call for additional hours.

Accepts walk-ins

Email: LGBTCenter@accessaids.org

Website: <http://www.accessaids.org>

Services Provided: Support groups; individual and couples counseling, transitioning counseling, rapid HIV testing, educational series, community events and gatherings

Michael B. Hamar, P.C.

520 West 21st Street

Suite J

Norfolk, Virginia 23517

Phone: 757-622-2008

Fax: 757-622-2088

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

Email: mike@harmarlaw.com

Services Provided: Legal services

Virginia Transgender Resource and Referral List

Non Transitioning Spouse/Partner Support

Meets at The LGBT Center of Hampton Roads

247 W. 25th Street

Norfolk, Virginia 23517

Phone: 757-200-9198

Hours of Operation: 4th Wednesday of each month at 6:30 PM

Email: LGBTCenter@accessaids.org

Website: <http://www.accessaids.org>

Services Provided: Support group for the non-transitioning spouses, partners and significant others of transgender people and their specific needs. Open only to non - transitioning spouses / partners / significant others of trans persons; prescreening required.

Norfolk Department of Health

830 Southampton Avenue, Suite 200

Norfolk, Virginia 23510

Phone: 757-683-2796

Fax: 757-683-8878

Services Provided: Primary Care

Peninsula Institute for Community Health (PICH)

48 St. Physicians

4714 Marshall Avenue

Newport News, Virginia 23607

Phone: 757-380-8709

Fax: 757-952-1345

Hours of Operation: Monday – Friday: 8:00 AM – 5:00 PM Tuesday: 8:00 AM – 7:00 PM

Email: info@pich.org

Website: www.pich.org

Services Provided: (All services for both youth and adults) Primary care; dental care; obstetrics/gynecological services

Kindred Nursing and Rehabilitation - River Pointe

4142 Bonney Road

Virginia Beach, VA 23452

Phone: 757-340-0620

Fax: 757-340-7028

Hours of Operation: 24/7

Website: <http://www.riverpointehc.com/>

Services Provided: Nursing home care, outpatient physical therapy, occupational therapy

Virginia Transgender Resource and Referral List

Serenity Counseling LLC

Angela P. Callahan, LPC, NCC

500 Washington Street

Portsmouth, Virginia 23704

Phone: 757-372-7868

Fax: 757-419-5365

Hours of Operation: Monday, Tuesday, Thursday, and Friday 10:00 AM – 6:00 PM

Saturday 10:00 AM – 1:00 PM

Services Provided: Psychotherapy and counseling for individual adults and/or couples. Services for youth including individual and family counseling and referral to appropriate medical providers.

Trans Masculine Group

Meets at The LGBT Center of Hampton Roads

247 W. 25th Street

Norfolk, Virginia 23517

Hours of Operation: Meeting Time: 3rd Saturday of each month at 10 AM

Email: LGBTCenter@accessaids.org

Website: <http://www.accessaids.org>

Services Provided: Support group for trans masculine identified people and their specific needs.

Bartley F. Tuthill

464 Dinwiddie Street

Portsmouth, Virginia 23704

Phone: 757-393-6544

Fax: 757-393-1916

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

Email: barttuthill@hotmail.com

Services Provided: Legal services

N O R T H E R N V I R G I N I A

Arlington County Public Health Department

Sequoia Plaza, 2100 Washington Blvd., 2nd Floor,

Arlington, VA 22204

Phone: 703-228-1200

Fax: 703-228-1255

Hours of Operation: Mondays 12:00 PM – 3:00 PM

Thursdays 2:00 PM – 5:30 PM

STD Clinic is by appointment only

Services Provided: STD screening/treatment; anonymous and confidential HIV testing; confidential rapid HIV testing

Virginia Transgender Resource and Referral List

Inova Juniper Program

8001 Forbes Place
Suite 200
Springfield, Virginia 22151
Phone: 703-321-2600
Fax: 703-321-2603

Hours of Operation: Monday – Friday: 8:30 AM - 5:00 PM

Services Provided: Primary care; dental care; psychiatric services; psychological evaluation; psychotherapy and counseling; HIV care services

K.I. Services

20 S. Quaker Lane. #210
Alexandria, Virginia 22314
Phone: 703-823-4401
Fax: 703-823-4407

Hours of Operation: Monday - Friday: 9:00 AM - 5:30 PM; Saturday (by appointment)

Email: info@kiservices.org

Website: www.kiservices.org

Services Provided: Therapeutic mental health individual/group counseling; substance abuse treatment and counseling; psychiatric treatment; HIV testing and counseling; comprehensive risk counseling services, health education and outreach services. Medicare accepted.

Metro Area Gender Identity Connection (MAGIC)

Meets at Falls Church Presbyterian Church

225 Broad Street
Falls Church, Virginia 22041

Hours of Operation: 3rd Friday of each month 8:00 PM – 10:00 PM

Email: info@magicdc.org

Website: www.magicdc.org

Services Provided: Peer support group for transsexual, gender queer, and other gender identity questioning people living in the greater Washington DC metropolitan area

PFLAG T*Families Support Group

Meets at Fairfax Regional Library Facilitator: Libby McKnight
10360 North Street
Fairfax, Virginia 22030
Phone: 202-460-6002
Fax: 703-537-0262

Hours of Operation: 4th Sunday of every month 3:30 PM – 5:00 PM (Call or email to confirm location and time)

Email: transfamiliesva@gmail.com

Services Provided: Support for family and friends of trans men and trans women

Virginia Transgender Resource and Referral List

Prince William Health District

Manassas Clinic

9301 Lee Avenue

Manassas, VA 20110

Phone: 703-792-6300

Fax: 703-792-6338

Hours of Operation: 1:00 PM – 2:00 PM

Services Provided: (All services for both youth and adults) ADAP Services; HIV support groups; STD clinic; adult immunizations

Rainbow Tuesdays Clinic

Alexandria Health Department

4480 King Street

Alexandria, Virginia 22302

Phone: 703-746-4986

Fax: 703-838-4038

Hours of Operation: Every Tuesday of every month 5:00 - 6:30 PM

Services Provided: FREE, walk-in Sexually Transmitted Infection testing and treatment, HIV rapid testing, Hepatitis B immunizations and referrals.

Transgender Education Association (TGEA)

Meets at: Unitarian Universalist Church of Arlington

4444 Arlington Boulevard, Lower Level

Arlington, VA 22204-1399

Mailing Address: P.O Box 16032

Arlington, Virginia 22215

Hours of Operation: 1st Saturday of each month, email for further details

Email: tgea4u@yahoo.com

Website: <http://www.tgea.net/>

Services Provided: Peer-facilitated social and support group for the D.C. area TG/TS/TV/CD communities

Ellen R. Warren, LCSW

1500 King Street

Suite 302

Alexandria, Virginia 22314

Phone: 703-683-0710

Hours of Operation: Days & Evenings

Services Provided: Psychotherapy and Counseling (for individuals, couples, and families).

Virginia Transgender Resource and Referral List

Woodbridge Clinic

4001 Prince William Parkway, Suite 101

Woodbridge, VA 22192

Phone: 703-792-7300

Fax: 703-792-7311

Hours of Operation: 8:00 AM – 9:00 AM

Services Provided: (All services for both youth and adults) ADAP Services; HIV support groups; STD clinic: adult immunizations

N O R T H W E S T V I R G I N I A

AIDS Response Effort

333 W. Cork Street, #740

Winchester, VA 22601

Phone: 540-536-5291

Fax: 540-536-5290

Website: www.aidsresponseeffort.org

Hours of Operation: Monday – Friday, 8:30 AM – 5 PM

Services Provided:

- For HIV-negative people: Education, support services, referrals, free rapid HIV testing
- For HIV-positive people: medical case management and early intervention services, primary care services, dental services, psychotherapy and counseling, and support services
- For Transgender persons: Peer support services, educational material, and can arrange presentations for individuals or agencies wanting to increase their education and sensitivity in working with those who are transgender.

Augusta Behavioral Health

Lauren Tancyus, LCSW, DCSW

79 N. Medical Park Drive

Fishersville, Virginia 22939

Phone: 540-941-2525

Fax: 540-941-2555

Hours of Operation: Monday – Friday, 8:30 AM – 5:00 PM, by appointment only

Email: mtancyus@augustahealth.com

Website: www.augustahealth.com

Services Provided: Individual and group psychotherapy and counseling; can make local referrals for hormone therapy. Fees adjustable on sliding scale basis for those who qualify, and Medicaid, Medicare, and all insurances accepted.

Virginia Transgender Resource and Referral List

Augusta Health Speech Therapy Department

78 Medical Center Drive

Fishersville, Virginia 22801

Phone: 540-932-4033

Hours of Operation: Monday – Friday, 8:30 AM – 5:00 PM, by appointment

Services Provided: Communication and voice therapy for the transgender population. Spanish language service available.

Fredericksburg Area HIV/AIDS Support Services (FAHASS)

Testing & Prevention Services:

415 Elm Street

Fredericksburg, Virginia 22401

Phone: 540-371-7532

Fax: 540-371-8446

Hours of Operation: Monday – Friday, 9:00 AM – 5:00 PM, Wednesdays open until 7:00 pm

Accepts walk-ins for HIV testing services only

Care Services & Administration:

4701 Market Street

Fredericksburg, VA 22408

Phone: (540) 907-4318

Fax: (540) 907-4318

Hours of Operation: Monday - Friday: 9:00 AM – 5:00 PM

Email: information@fahass.com

Website: <http://www.fahass.org/>

Services Provided: LGBTQ youth support group for ages 15 - 19, risk reduction counseling, referrals, medical case management for HIV+ persons, mental health services for HIV+ persons, and housing assistance and transportation for HIV+ persons, confidential free rapid HIV testing (testing offered only at Elm St. location). Spanish language services available. Please call for more information about times and locations of services.

PFLAG Blue Ridge: Charlottesville Support Group

Meets at The Women's Initiative; Facilitator: Karen Barker

1101 East High Street

Charlottesville, VA 22902

(corner of 10th & Jefferson)

Phone: 434-882-3453

Hours of Operation: Meeting Time: 3rd Saturday of the Month, 5:30 PM – 7:00 PM.

Email: karenmeandering@gmail.com

Website: www.pflagblueridge.org/charlottesville.html

Services Provided: Support group for parents/families of transgender and gender variant youth. A peer-led support group for trans-identified persons also meets at the same time and location; for more information, contact Marc at marc61880@gmail.com.

Virginia Transgender Resource and Referral List

PFLAG Blue Ridge: Harrisonburg Support Group

Meets at JMU - Blue Ridge Hall, Room 325; Facilitator: Mark Mitchell

201 East Market Street

601 University Blvd

Harrisonburg, Virginia 22807

Phone: 540-405-1227

Hours of Operation: Meeting Time: 1st Thursday of the Month 6:30 PM – 8:00 PM.

Email: mitchmarke@aol.com

Website: www.pflagblueridge.org/harrisonburg.html

Services Provided: Support group for LGBTQ+ individuals and allies

ROSMY Charlottesville / Blue Ridge - Youth Support Group

Meets at UVA Teen & Young Adult Health Center

1204 West Main Street

Charlottesville, Virginia 22903

Phone: 434-987-8975

Youth Support Line: 888-644-4390

Hours of Operation: Meeting Time: Monday 6:30 PM - 8:30 PM.

Email: linda.mcneil@rosmv.org

Website: www.rosmv.org

Services Provided: ROSMY offers weekly curriculum based support groups for LGBTQ youth ages 14-20; information and referrals for youth and families; and trainings for school personnel, human service providers, and other youth workers on how to best address the needs of LGBT youth.

Teen and Young Adult Health Center - UVA

University of Virginia

1204 W. Main St.

Charlottesville, VA 22902

Phone: 434-982-0090

Fax: 434-984-9983

Hours of Operation: Monday - Friday, 9:00 AM – 5:00 PM,

Accepts walk-ins

Services Provided: Primary care services; dental services; psychiatric services; hormone therapy – in conjunction with endocrine; obstetrics/gynecological services; transgender clinic; referrals

Valley AIDS Network

601 University Blvd

Suite 322-324

Harrisonburg, Virginia 22807

Phone: 540-568-8838

Fax: 540-568-8835

Hours of Operation: Call for Appointment

Email: contact@valleyaidsnetwork.org

Website: www.valleyaidsnetwork.org

Services Provided: HIV Testing, Support Services (Must be HIV+ to be eligible for services)

Virginia Transgender Resource and Referral List

S O U T H W E S T V I R G I N I A

Comprehensive Counseling Services

Marcus Goff Jones

1115 First Street, SW

Roanoke, Virginia 24016

Phone: 540-343-0004

Fax: 540-343-1576

Hours of Operation: Monday – Thursday, 8:30 AM – 4:30 PM,

Friday, 8:30 AM – 12:00 PM

Services Provided: Support services; individual/group psychotherapy and counseling; psychotherapy for youth; family therapy; psychosexual therapy; anger management; they also see children

The Drop-In Center of the Council of Community Services

356 Campbell Ave, SW

Roanoke, Virginia 24016

Phone: 540-982-2437

Fax: 540-342-2204

Hotline Number: 540-982-2437

Hours of Operation: 9:00 AM–5:00 PM, closed from 1:00 PM–2:00 PM

Email: dropncenter@aol.com

Website: www.councilofcommunityservices.org/programs/drop-in-center

Services Provided: HIV prevention counseling and testing; support groups for transgender, bisexual, and HIV positive individuals; resources and referral

Gentiva Health Services

1928 Thompson Drive

Lynchburg, , Virginia 24501

Phone: 434-846-5219

Fax: 434-528-4963

Hours of Operation: Monday – Friday: 8:00 AM – 5:30 PM (RN always on-call)

Email: www.gentiva.com

Services Provided: Home health; skilled nursing and therapies

Centra

2215 Landover Place

Lynchburg, Virginia 24501

Phone: 434-947-3945 Ext. 2270

Fax: 434-544-2354

Hours of Operation: Monday – Friday: 8:30 AM - 5:00 PM

Services Provided: Primary care; dental care; psychiatric services; psychological evaluation; support services; case management; psychotherapy and counseling; transportation; labs

Virginia Transgender Resource and Referral List

Ladies and Gents of the Blue Ridge – Transgender Alliance, LLC (LGBR-TA)

Meets at Roanoke Diversity Center

806 Jamison Ave SE

Roanoke, Virginia 24013

Hours of Operation: 4th Friday of each month, 7:00 PM — 9:00 PM and additional events as scheduled

Email: dollydavis@cox.net

Website: <https://www.facebook.com/groups/LBRTA>

Services Provided: Support, social networking, education and outreach for full spectrum of MTF transgender persons, connections and referrals to Transgender Health Clinic (Roanoke), Roanoke Diversity Center, Drop-In Center, Roanoke Pride, and local gender counselors.

Roanoke Diversity Center

806 Jamison Ave SE

Roanoke, Virginia 24013

Hours of Operation: Wednesday and Friday, 4:00 PM – 6:00 PM; Saturday, 4:00 PM – 6:00 PM

Website: www.RoanokeDiversityCenter.com

Services Provided: Library, film/DVD library, resource listings, meeting space for local LGBT organizations and groups.

Andrew Matzner, LCSW

1402 Grandin Road

Roanoke, Virginia 24015

Phone: 540-819-0429

Fax:

Hours of Operation: Fridays, day and evening hours

Email: andymatzner@gmail.com

Website: www.AndyMatzner.com

Services Provided: Individual, couples, and family counseling and coaching; counseling available via Skype

Pro Bono Counseling Program at the Mental Health America of New River Valley

1200 Elm St, Suite A

Christiansburg VA 24073

Phone: 540.381.2192

Fax: 540.381.2195

Hours of Operation: Monday – Thursday: 9:00 AM – 5:00 PM

Friday: 9:00 AM – 1:00 PM

Email: mhainfo@mhanrv.org

Website: www.mhanrv.org

Services Provided: Psychiatric services; psychotherapy and counseling; limited services because of waitlist

Virginia Transgender Resource and Referral List

W A S H I N G T O N D . C . / M A R Y L A N D

Rachel Bluebond-Langner, MD

22 South Greene Street, S8-D18

Baltimore, Maryland 21201

Phone: 410-328-2360

Fax: 410-328-0638

Website: <http://umm.edu/programs/plastic-surgery>

Services Provided: Surgical procedures including MTF and FTM genital reassignment, chest reconstruction for FTMs, breast augmentation for MTFs, tracheal shave. Most insurance accepted.

D.C Area Trans Masculine Society (DCATS)

Meets at Whitman Walker Health

1701 14th Street NW

Washington,, D.C. 20009

Phone: 571-293-2287

Hours of Operation: 2nd Sunday of each month, 5 PM — 7 PM

Website: <http://www.dcatsinfo.org/>

Services Provided: A peer facilitated social and support group in the D.C. area for anyone on the FTM spectrum

George Washington University Speech and Hearing Center

Linda Siegfriedt, MED, CCC, SLP

2115 G Street, N.W.

Hall of Government 201

Washington, D.C. 20052

Phone: 202-994-3027

Fax: 202-994-2589

Hours of Operation: Monday – Friday, 9 AM – 5 PM

Email: lindas@gwu.edu

Website: <http://departments.columbian.gwu.edu/speechhearing/center>

Services Provided: Voice training for the transitioning voice

Goss & Fentress Law Offices

5873 Allentown Road

Camp Springs, Maryland 20746

Phone: 301-423-3430

Fax: 301-423-5513

Toll-free: 866-873-2338

Hours of Operation: Monday – Friday: 8:30 AM- - 5:00 PM

Accepts walk-ins

Website: www.gossandfentress.com

Services Provided: Legal services; social security disability and SSI claims, personal injuries. Tagalog language services available.

Virginia Transgender Resource and Referral List

Jonathan Lebolt, PhD, DCSW, CGP

8811 Colesville Road, Suite 102

Silver Spring, Maryland 20910

Phone: 240-507-7696

Hours of Operation: Day, evening, and weekend hours available.

Email: Therapy@doctor-jon.com

Website: www.Doctor-Jon.com

Services Provided: Individual, couples, and group psychotherapy. Fees adjustable on sliding scale basis, and Medicaid, Medicare, and most insurances accepted.

Linda Siegfriedt, MED, CCC, SLP

2115 G Street, N.W.

Hall of Government 201

Washington, D.C. 20052

Phone: 703-966-6232

Hours of Operation: Evening and weekend hours available.

Email: Newleafcenter@gmail.com

Services Provided: Vocal Intensives/ Therapy Sessions for Vocal Feminization.

Michael L. Hendricks, Ph.D., ABPP

5225 Wisconsin Avenue, NW

Suite 513

Washington, D.C. 20015

Phone: 202-364-1575

Fax: 202-364-0561

Hours of Operation: Monday – Friday (Hours vary)

Website: www.wpcdc.com

Services Provided: (All services for adolescents and adults) Psychological evaluation; individual psychotherapy and counseling

Joseph A. Izzo, MA, LICSW

4102 10th Street, NE

Washington, D.C. 20017

Phone: 202-425-0496 (cell)

202-526-2471 (private practice)

Fax: 202-939-7655

Hours of Operation: 11 AM- 7 PM, Primarily Weekends

Email: jizzo@whitman-walker.org

Services Provided: Individual and family counseling for dealing with gender dysphoria and gender transition. Clearance letters for other medical service providers for hormone therapy and gender affirming surgeries. Referrals to transgender services and providers.

I do not accept private insurance, Medicare, or Medicaid for payment. Fees for services are negotiated directly with the client on a sliding scale basis based on client's income. Invoices will be provided to the client if they wish to submit to their insurance company.

Virginia Transgender Resource and Referral List

Freed Bodyworks

Frances Reed

1426 Pennsylvania Avenue, S.E.

Washington, D.C. 20003

Phone: 202-277-8629

Hours of Operation: hours vary; online schedule shows availability.

Email: francesreedlmt@gmail.com

Website: www.freedbodyworks.com

Services Provided: Therapeutic massage and body-awareness coaching, acupuncture for all stages of reproductive health, specializing in trans & gender non-conforming bodies, acupuncture for general health

Amilie Zurn, LCSW / LCSW-C

612 Gist Avenue

Silver Springs, Maryland 20910

Phone: 301-641-3401

Hours of Operation: Everyday but Tuesday and Saturday

Services Provided: Individual/couples psychotherapy and counseling